I will keep a song in my heart and go on God’s errands.  
In the Pathfinder Law, we promise to keep a song in our hearts. This doesn’t mean literally singing (though that isn’t a bad idea). Rather it means to keep in our hearts and minds an uplifting thought, to focus on what Christ has done for us, and our love for him. This can buoy us when troubles rise around us, and give us hope amid darkness.

What do you think of when someone talks about an explorer? Explorers are brave, adventurous, creative, willing to strike out on a path no one else has traveled; seeking to find something new or rediscover something long lost.

An explorer must know many things; knowledge of history and geography, planning for food and travel, understanding of cultures and languages, and the use of tools for aid in navigation and the journey. An explorer also has a certain unique characteristic; a sense of purpose and the willingness to brave hardship to reach a goal.

There is a story told that during the age of explorers, Ernest Shackleton, a famous British explorer, planned an expedition to Antarctica. He knew the journey would be difficult, and that there was the very real possibility of injury and death. Nonetheless, he set his mind to the expedition, and placed an advertisement in London newspapers London in 1900 seeking volunteers. His advertisement reportedly ran:

“MEN WANTED FOR HAZARDOUS JOURNEY.  Small wages, bitter cold, long months of complete darkness, constant danger, safe return doubtful. Honor and recognition in case of success. - Ernest Shackleton”

Does that sound like an ad you would respond to? Well, the story claims the response to his ad was so overwhelming, it seemed all the men in Great Britain were determined to join him. There was clearly both an eager sense of adventure, and a recognition of the Shackleton name.

Although the story about Shackleton’s ad may be more myth than fact, in Matthew 28:19-20, we see a call from Christ for volunteers to join him in a major expedition. He tells his disciples, and all who are willing to follow, to go, to make disciples, to teach and to baptize. This is not an easy expedition, and it is not one without its dangers, but it is led by an experienced leader.

If we ask for, accept and are filled with God’s spirit, we are well prepared for this mission. “For God has not given us a spirit of fear, but of power and of love and of a sound mind.” (2 Timothy 1:7 NKJV). The Spirit of God drives out fear, it gives us the strength and courage to carry on. Holding on to that Spirit, keeping a song in our heart, readies us for the hardships we may face.

You may not have to deal with long months of darkness or ice, but you may face ridicule, and lose opportunities for fun or work. But remember your goal, and keep a song in your heart.

Stay Brave!
Explorer Investiture Achievement

This booklet contains the requirements to earn the Explorer Investiture Achievement, as well as information and materials that can help you on your path. There are seven core components of the program, and each of these must be completed to earn the Explorer Achievement level and insignia. If you are up for a challenge, also complete the advanced material at the end of this booklet to earn the Wilderness Explorer advanced ribbon.

Explorer Investiture Achievement Requirements

**Personal Growth (Page 4)**

1. Be in Grade 7 or its equivalent
2a. Develop your daily devotional life by studying the Weekly Devotional Guide (weeks 27 – 39) and the book of Acts utilizing printed or electronic resources,
2b. Journal your thoughts by asking these questions: “What did I learn about God?” “What did I learn about Myself?” “How can I apply this to my life today?” You may journal through writing, drawing or electronic process.
3a. Memorize the Pathfinder Pledge.
3b. Illustrate your understanding of the Pathfinder Pledge in an interesting way
4. Learn the meaning of the Pathfinder Emblem

**Spiritual Discovery (Page 8)**

1. Learn how to use a Bible Concordance by selecting two topics and/or words to discover how they are used in the Bible.
2. Memorize one Bible text not previously learned for each of the following subjects: Prayer, Doctrine, Behavior, Salvation, Relationships, Promises/Praise, Great Passages
4a. Learn about eight missionaries (to at least four continents) who served during the Seventh-day Adventist Mission Expansion (1900 to 1950).
4b. On a world map, plot their country of service (include at least 4 continents).
4c. Make a presentation about your favorite missionary.

**Serving Others (Page 19)**

1. Be familiar with the community services in your area and give assistance for at least 4 hours.
2. Participate in at least two church programs for a total of 4 hours.

**Making Friends (Page 20)**

1. Participate in a panel discussion or skit on peer pressure and its role in your decision making.
2. Fulfill requirements #1, #11, #12 and #14 of the Christian Grooming and Manners Honor.

**Health and Fitness (Page 21)**

1. Learn the value of Exercise, Fresh Air & Sunshine by: a. Giving two reasons why physical fitness is important. b. Explaining the relationship between proper diet, exercise, and weight control. c. Explaining the benefits of fresh air and sunshine.
2. Earn the Basic Rescue Honor.
3. Complete the Basic Water Safety Honor OR Beginner Swimming Honor, if not previously earned.

**Nature Study (Page 27)**

1a. Review the Genesis account of the flood.
1b. Read a book about fossils and the biblical flood,
1c. Study at least three different fossils; explain their origin and relate them to breaking God’s laws.
2a. Stars: Be able to identify in the sky the North Star, Big Dipper, Little Dipper, and Orion.
2b. Explain the spiritual significance of Orion as told in Early Writings, p. 41.

**Outdoor Living (Page 31)**

1. Earn the Knot Tying Honor.
2. Earn the Camping Skills III Honor.

**Wilderness Explorer (Page 38)**
## Personal Growth

1. Be in Grade 7 or its equivalent.


2b. Journal your thoughts by asking these questions: “What did I learn about God?” “What did I learn about Myself?” “How can I apply this to my life today?” You may journal through writing, drawing, or electronic process.

### Weekly Devotional Guide (weeks 27-39)

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Introduction to the Book of Acts, for the Explorer Investiture Achievement

As part of the Explorer Investiture Achievement, we will be reading the New Testament book of Acts, also called The Acts of the Apostles. Written by Luke, the book of Acts picks up where the Gospel of Luke leaves off. The book traces the First Century rise of the Christian Church, from the time of Jesus Christ’s ascension into Heaven (Acts 1:4-9), to shortly before Paul’s final trial and execution. The book of Acts tells an astounding story. From a group of just around 120 individuals (Acts 1:15) meeting together largely in secret in Jerusalem, we trace the rapid spread of the Gospel message through Jerusalem, out to Judea and Samaria, and beyond to the Jews and Gentiles in Greece and Rome. Christianity moves rapidly from what is at first appearance just a small sect of Judaism to a major worldwide religion.

Central to the book of Acts, and to the power of preaching and healing exhibited by the key Apostles being followed, is the bestowing of the Holy Spirit, the Comforter promised by Jesus. It is Jesus Christ himself, at the beginning of the book of Acts, who lays out the mission that the Apostles will accomplish through the empowerment of the Holy Spirit. Acts 1:8 (NKJV) quotes Jesus as saying, “But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth.” The Good News is a message not for just the Jews in Jerusalem, or for a select few, but for the whole world.

The book of Acts introduces us to many of the early Christians, both faithful and not, but the two key figures that stand out in the narrative are Peter and Paul. These two, in many ways, are very different, almost opposites from a worldly point of view. Peter, one of the original Disciples, is a fisherman, a somewhat crude and temperamental individual, judging from some of the descriptions of his behavior and actions in the Gospels. But he has a very strong faith, and despite his occasional impetuosity, he is not afraid to proclaim his belief. Paul, whose name was changed from Saul, was a religious scholar, zealous to the extreme, fully committed to his faith, but misguided until he encountered in vision the slain and risen Jesus Christ. Paul undergoes one of the most amazing transformations; from seeking the imprisonment and even death of the Christians, to becoming one of the most powerful preachers of Christianity.

Despite their surface differences, both Peter and Paul are vivid examples of the change God can bring about through the power of the Holy Spirit when one truly believes in Jesus Christ. These two powerful figures form the backbone of the early mission work of the Church, and together their writings make up most of the books of the New Testament. In the book of Acts, we see a guide to mission service, to resolving differences of opinion amongst believers, and to the true power of the Holy Spirit working through God-fearing people. Amid persecution, ridicule and hardships, Peter, Paul and the other early Christians show us what perseverance and adherence to our faith really mean.
3a. Memorize the Pathfinder Pledge.
3b. Illustrate your understanding of the Pathfinder Pledge in an interesting way.

**Pathfinder Pledge:**
By the grace of God, I will be pure, and kind, and true.
I will keep the Pathfinder Law.
I will be a servant of God and a friend to man.

**The Law is for me to:**
Keep the morning watch
Do my honest part
Care for my body,
Keep a level eye
Be courteous and obedient
Walk softly in the sanctuary,
Keep a song in my heart,
Go on God's errand.

**Explanation -- Pathfinder Pledge**
**By the grace of God:** Only as we rely on God to help us can we do His will.
**I will be pure:** I will fill my mind with everything that is right and true and spend my time in activities that will build a strong, clean character.
**I will be kind:** I will be considerate and kind, not only to my fellow man, but also to all of God's creation.
**I will be true:** I will be honest and upright in study, work and play and can always be counted upon to do my very best.
**I will keep the Pathfinder Law:** I will seek to understand the meaning of the Law and will strive to live up to it's spirit, realizing that obedience to law is essential in any organization.
**I will be a servant to God:** I will pledge myself to serve God first, last, and best in everything I am called upon to be or do.
**I will be a friend to man:** I will live to bless others and do unto them as I would have them do unto me.

**Explanation -- Pathfinder Law**
**Keep the Morning Watch:** I will have prayer and personal bible study each day.
**Do my honest part:** By the power of God I will help others, and do my duty and my honest share, wherever I may be.
**Care for my body:** I will be temperate in all things and strive to reach a higher standard of physical fitness.
**Keep a level eye:** I will not lie, cheat or deceive, and will despise dirty talk or evil thinking.
**Be courteous and obedient:** I will be kind and thoughtful of others, reflecting the love of Jesus in all my association with others.
**Walk softly in the sanctuary:** In any devotional exercise I will be quiet, careful and reverent.
**Keep a song in my heart:** I will be cheerful and happy and let the influence of my life be as sunshine to others.
**Go on God's errands:** I will always be ready to share my faith and go about doing good as Jesus did.
4. Learn the meaning of the Pathfinder Emblem.

**Red (Sacrifice):** Reminds us of Christ. "For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life." (John 3:16) • "Present your bodies a living sacrifice, holy, acceptable unto God" (Rom. 12: 1).

**Blue (Loyalty):** It is the purpose of the Pathfinder Club to help teach us to be loyal to: Our God in heaven. Our parents. Our church • Loyalty is defined as a reflection of the character of our True Master Guide.

**Gold (Excellence):** "I counsel thee to buy of me gold tried in the fire, that thou mayest be rich" (Rev. 3:18). • Standard of measurement. The Pathfinder Club has high standards to help build strong character for the kingdom of heaven.

**White (Purity):** "He that overcometh, the same shall be clothed in white raiment" (Rev. 3:5). • We desire to have the purity and righteousness of Christ's life in our lives.

**Shield (Protection):** In the Scripture God is often called the shield of His people.(Protection) "Fear not ... I am thy shield" (Gen. 15:1) • "Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked." (Eph. 6:16)

**Sword (Bible):** The sword is used in warfare. A battle is always won by offense. We are in a battle against sin, and our weapon is the Word of God. • The sword of the Spirit is the Word of God. (see Eph. 6:17)

**Three Sides:** Completeness of the Trinity -- Father, Son, Holy Spirit. • Tripod of education: Mental Crafts and Honors Physical Campouts, work bee, health focus Spiritual Outreach and personal spiritual development.

**Inverted Triangle:** The inverted order of importance Jesus taught which is contrary to that taught by the world. • Sacrificing of one's self by placing the needs of others ahead of our own.

**Pathfinder Club:** The Pathfinder Club is one of the organizations of the world youth ministry of the Seventh-day Adventist Church.

**Personal Growth:**
1. □ Instructor ___________________________ Date ___________________________
2. □ Instructor ___________________________ Date ___________________________
3. □ Instructor ___________________________ Date ___________________________
4. □ Instructor ___________________________ Date ___________________________
Spiritual Discovery

1. Learn how to use a Bible Concordance by selecting two topics and/or words to discover how they are used in the Bible.

Topic 1: ______________________________________________________________________
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Topic 2: ______________________________________________________________________
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A Bible Concordance is an alphabetical listing of the words in the Bible that allows you to search where certain words are used, and may offer information about the original Hebrew or Greek word used, and its specific meaning and origin. Many Bibles have a simple concordance in the back. This is often sufficient for some preliminary study, but it is far from complete, as it only includes a selection of words and does not always include all references of the words included. To use the basic concordance, look up the word you are interested in, write down the verses it lists, and then look them up. It is always good to have some paper or a notebook to write down what you are looking for, what your questions are, what verses use the word you are searching, and what they say.

If you want to have a more complete experience, use an exhaustive concordance, which includes all the words in the Bible. Be sure your concordance is designed for the version of the Bible you are using (King James Version, New International Version, etc). As with the smaller concordance in the back of your Bible, look up the word in the exhaustive concordance. (Remember that there may be different versions of a word, including plural or different tenses, so watch for those as well). Most exhaustive concordances will also have a code number related to each use of a word. That number is used to find the original language word in the dictionary in the back of the concordance. This will help you not only to see the English word, but also the original Hebrew or Greek word, and its meaning. In translation, there are often multiple words that can be translated the same, or multiple translations for the same original word, depending upon context. Looking up the original meaning of the word can offer deeper meaning, and better explain what the original Bible author was trying to convey.

Look up John 21:15-17, which related Jesus asking Peter three times if he loves him.
15 So when they had dined, Jesus saith to Simon Peter, Simon, son of Jonas, lovest thou me more than these? He saith unto him, Yea, Lord; thou knowest that I love thee. He saith unto him, Feed my lambs.

16 He saith to him again the second time, Simon, son of Jonas, lovest thou me? He saith unto him, Yea, Lord; thou knowest that I love thee. He saith unto him, Feed my sheep.

17 He saith unto him the third time, Simon, son of Jonas, lovest thou me? Peter was grieved because he said unto him the third time, Lovest thou me? And he said unto him, Lord, thou knowest all things; thou knowest that I love thee. Jesus saith unto him, Feed my sheep.

In the English translation, Jesus and Peter appear to both be saying the same thing three times, and thus the emphasis appears to be on the three-fold nature of the question (perhaps relating to Peter’s threefold denial of Christ). But in the original greek which you can find by using a concordance, there is a deeper message in the words. The first two times Christ asks Peter if he loves him, he uses the greek word ἀγαπάω, which is used commonly today as a reference to Christian love (Agape), and is also the Greek word used when Jesus gives a commandment to love (love one’s neighbor, love one’s enemy, etc). Peter, however, responds using a different word to emphasize that he loves Jesus - he uses φιλεῖν, which represents a deep brotherly affection (Philos). The third time Jesus asks Peter, he switches to φιλεῖν as well, representing the deeper personal affection that Peter was using. For Peter, this satisfies his own deeper feelings for Christ, that his love is above and beyond just what is commanded, but is real and personal.

Several online concordances are available at: http://www.biblestudytools.com/concordances/

2. Memorize one Bible text not previously learned for each of the following subjects:
Prayer, Doctrine, Behavior, Salvation, Relationships, Promises/Praise, Great Passages.

Prayer: Psalms 5:3 or Psalms 51:3
• (Psalms 5:3 NKJV) My voice You shall hear in the morning, O LORD; In the morning I will direct it to You, And I will look up.
• (Psalms 51:3 NKJV) For I acknowledge my transgressions, And my sin is always before me.

Doctrine: 1 Corinthians 6:19-20, Acts 1:9-11, or Ecclesiastes 12:13-14
• (1 Corinthians 6:19-20 NKJV) Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God’s.
• (Acts 1:9-11 NKJV) Now when He had spoken these things, while they watched, He was taken up, and a cloud received Him out of their sight. And while they looked steadfastly toward heaven as He went up, behold, two men stood by them in white apparel, who also said, “Men of Galilee, why do you stand gazing up into heaven? This same Jesus, who was taken up from you into heaven, will so come in like manner as you saw Him go into heaven.”
• (Ecclesiastes 12:13-14 NKJV) Let us hear the conclusion of the whole matter: Fear God and keep His commandments, For this is man’s all. For God will bring every work into judgment, Including every secret thing, Whether good or evil.

- (Colossians 3:23 NKJV) *And whatever you do, do it heartily, as to the Lord and not to men*
- (Proverbs 22:29 NKJV) *Do you see a man who excels in his work? He will stand before kings; He will not stand before unknown men.*
- (Philippians 4:8 NKJV) *Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.*
- (John 3:19 NKJV) *And this is the condemnation, that the light has come into the world, and men loved darkness rather than light, because their deeds were evil.*
- (1 Corinthians 2:14 NKJV) *But the natural man does not receive the things of the Spirit of God, for they are foolishness to him; nor can he know them, because they are spiritually discerned.*


- (John 3:16-18 NKJV) *For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish but have everlasting life. For God did not send His Son into the world to condemn the world, but that the world through Him might be saved. “He who believes in Him is not condemned; but he who does not believe is condemned already, because he has not believed in the name of the only begotten Son of God.*
- (Matthew 16:24-27 NKJV) *Then Jesus said to His disciples, “If anyone desires to come after Me, let him deny himself, and take up his cross, and follow Me. For whoever desires to save his life will lose it, but whoever loses his life for My sake will find it. For what profit is it to a man if he gains the whole world, and loses his own soul? Or what will a man give in exchange for his soul? For the Son of Man will come in the glory of His Father with His angels, and then He will reward each according to his works.*
- (Luke 14:28, 33 NKJV) *For which of you, intending to build a tower, does not sit down first and count the cost, whether he has enough to finish it ... So likewise, whoever of you does not forsake all that he has cannot be My disciple.*
- (Proverbs 28:13 NKJV) *He who covers his sins will not prosper, But whoever confesses and forsakes them will have mercy.*
- (1 Timothy 1:15 NKJV) *This is a faithful saying and worthy of all acceptance, that Christ Jesus came into the world to save sinners, of whom I am chief.*


- (John 13:34-35 NKJV) *A new commandment I give to you, that you love one another; as I have loved you, that you also love one another. By this all will know that you are My disciples, if you have love for one another.”*
- (Proverbs 19:19 NKJV) *A man of great wrath will suffer punishment; For if you rescue him, you will have to do it again.*
- (John 15:13 NKJV) *Greater love has no one than this, than to lay down one’s life for his friends.*
- (Romans 14:11 NKJV) *For it is written: “As I live, says the LORD, Every knee shall bow to Me, And every tongue shall confess to God.”*

Promises/Praise: James 4:7, Proverbs 3:5-6, Psalms 91, 1 Corinthians 10:13, or 2 Timothy 4:7-8

- (James 4:7 NKJV) *Therefore submit to God. Resist the devil and he will flee from you.*
- (Proverbs 3:5-6 NKJV) *Trust in the LORD with all your heart, And lean not on your own understanding; In all your ways acknowledge Him, And He shall direct your paths.*
- (Psalms 91 NKJV) *He who dwells in the secret place of the Most High Shall abide under the shadow of the Almighty. I will say of the LORD, “He is my refuge and my fortress; My God, in Him I will trust.” Surely He shall deliver you from the snare of the fowler And from the perilous pestilence. He shall cover*
you with His feathers, And under His wings you shall take refuge; His truth shall be your shield and buckler. You shall not be afraid of the terror by night, Nor of the arrow that flies by day, Nor of the pestilence that walks in darkness, Nor of the destruction that lays waste at noonday. A thousand may fall at your side, And ten thousand at your right hand; But it shall not come near you. Only with your eyes shall you look, And see the reward of the wicked. Because you have made the LORD, who is my refuge, Even the Most High, your dwelling place, No evil shall befall you, Nor shall any plague come near your dwelling; For He shall give His angels charge over you, To keep you in all your ways. In their hands they shall bear you up, Lest you dash your foot against a stone. You shall tread upon the lion and the cobra, The young lion and the serpent you shall trample underfoot. “Because he has set his love upon Me, therefore I will deliver him; I will set him on high, because he has known My name. He shall call upon Me, and I will answer him; I will be with him in trouble; I will deliver him and honor him. With long life I will satisfy him, And show him My salvation.”

- (1 Corinthians 10:13 NKJV) No temptation has overtaken you except such as is common to man; but God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will also make the way of escape, that you may be able to bear it.
- (2 Timothy 4:7-8 NKJV) I have fought the good fight, I have finished the race, I have kept the faith. Finally, there is laid up for me the crown of righteousness, which the Lord, the righteous Judge, will give to me on that Day, and not to me only but also to all who have loved His appearing.

**Great Passages:** 1 Peter 1:24-25, 1 Kings 18:21, or Matthew 24:37-39
- (1 Peter 1:24-25 NKJV) because “All flesh is as grass, And all the glory of man as the flower of the grass. The grass withers, And its flower falls away, But the word of the LORD endures forever.” Now this is the word which by the gospel was preached to you.
- (1 Kings 18:21 NKJV) And Elijah came to all the people, and said, “How long will you falter between two opinions? If the LORD is God, follow Him; but if Baal, follow him.” But the people answered him not a word.
- (Matthew 24:37-39 NKJV) But as the days of Noah were, so also will the coming of the Son of Man be. For as in the days before the flood, they were eating and drinking, marrying and giving in marriage, until the day that Noah entered the ark, and did not know until the flood came and took them all away, so also will the coming of the Son of Man be.


**Story___________________________________________________________________
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**Bible Verses_____________________________________________________________
Characters_______________________________________________________________
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4a. Learn about eight missionaries (to at least four continents) who served during the Seventh-day Adventist Mission Expansion (1900 to 1950).

4b. On a world map, plot their country of service (include at least 4 continents).

4c. Make a presentation about your favorite missionary.

Between 1900 and 1950, the great expansion of Adventist overseas mission work, 6,637 missionaries were sent out around the world. A. G. Daniels, the General Conference President from 1901-1922, had a strong vision for mission. While earlier the Union President in Australia, he helped develop the mission field in the South Pacific. William A. Spicer served as Secretary of the General Conference while Daniels was President, and then served as President from 1922-1930. Like Daniels, he had a strong passion for the mission field. He had previously served as secretary of the Mission Board, and from 1900-1940, Spicer was reported to have traveled overseas at least once every year but four.

**Workers Sent to Overseas Fields**

(Not including children or workers returned from furlough)

<table>
<thead>
<tr>
<th>Year</th>
<th>Workers</th>
<th>Year</th>
<th>Workers</th>
</tr>
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<tbody>
<tr>
<td>1901</td>
<td>1902</td>
<td>1926</td>
<td>216</td>
</tr>
<tr>
<td>1903</td>
<td>60</td>
<td>1927</td>
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<tr>
<td>1904</td>
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<td>1928</td>
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<tr>
<td>1905</td>
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<td>1923</td>
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<td>1947</td>
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<td>142</td>
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<td>175</td>
<td>1949</td>
<td>239</td>
</tr>
<tr>
<td>1926</td>
<td></td>
<td>1950</td>
<td>187</td>
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Total since 1900 ........................................ 6,637

Chart from 1952 Yearbook of the Seventh-day Adventist Denomination
Edited by E. J. Johanson, Statistical Secretary, General Conference
Published by REVIEW AND HERALD PUBLISHING ASSOCIATION WASHINGTON D.C.

www.adventistarchives.org/docs/YB/YB1952_B.pdf
The chart below highlights the rapid expansion of the church overseas during this time.

<table>
<thead>
<tr>
<th>Year</th>
<th>Workers in North America</th>
<th>Workers out of North America</th>
<th>Churches in North America</th>
<th>Churches out of North America</th>
<th>Membership in North America</th>
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<td>852</td>
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<td>250939</td>
<td>505773</td>
</tr>
</tbody>
</table>

Source: A Brief History of Seventh-day Adventists, by George R. Knight.

Some Adventist missionaries from the 1900-1950 expansion:

RUSSIA: Due to political restrictions by the Tzar, many Adventists in Russia moved to Siberia in the 1890s. In 1908, K. A. Reifschneider, a German pastor from Pyatigorsk in the Caucasus, arrived in Siberia to minister. He established a base of operations in Omsk, and travelled by sleigh across Siberia.

CENTRAL AMERICA AND CARIBBEAN: W.A. Sweany traveled to the Bahamas as a full-time missionary in 1909, establishing the first church at Nassau in 1911. In 1915, John L. Brown traveled to El Salvador, initially selling books, but in 1916 he led his first public meetings, resulting in 14 baptisms and the establishment of a church in San Salvador.

MIDDLE EAST: The first Adventist missionaries to Persia were F. F. Oster and Henry Dirksen, arriving in 1911 and joined by Mrs. Oster in 1913. German missionaries O. Staubert and his wife met up with them in 1913, but because they were German citizens, they were forced to flee in 1914 during World War I. The Stauberts were separated, and could not find one another for a full year, when they were reunited in Germany. Prior to the war, Oster had also taken the message by horseback to Turkestan.

NORTHEAST ASIA: Early Adventist missionaries to China included Edwin H. Wilbur & his wife, who arrived in December 1902 and Danish-born Jacob Nelson Anderson and his first wife, Emma Thompson Anderson, who, along with their three children, served in China from 1902-1909. In 1904, Timothy Tay, a Chinese baptized in Singapore, became the first native Chinese missionary to enter China. In 1908, Dr. Riley Russell began the medical missionary work in Korea, and established the Soonan Dispensary Hospital. F. A. Allum and his wife and children, along with M. C. Warren and his wife and daughter, traveled by houseboat to Sichuan and Congqing China in 1914 to open the mission field there.
SOUTHEAST ASIA: The first Adventist missionaries to Southeast Asia were Ralph Minson and his wife, who arrived in Sumatra in January 1900. In 1905, R. A. Caldwell arrived in the Philippines. Fred L. Picket was the first Adventist missionary to enter Cambodia, in 1930. He was not allowed to build a church there, so he built one at Tinh Bien in neighboring Cochin China for his Cambodian converts.

PACIFIC ISLANDS: The first Adventist mission in Papua New Guinea was established by Septimus W. Carr and Peni Tavodi, a Fijian teacher, in 1908. In 1924, R. H. Tutty, along with Nano and Rongapitu, from the Solomon Islands, were first Adventist missionaries to Bougainville (one of the islands of New Guinea). Albert Henry Piper and his wife Hester Elizabeth Newcombe, called Hettie by her friends, were the first Australasia Adventist missionaries into the Pacific Islands, heading to Rarotonga in 1900. John Howse and his family traveled to Kiribati and Tuvalu Islands, via Fiji, in 1947. These islands were reached late among others in the Pacific by the Adventist message, and the work was difficult.

AFRICA: F. B. Armitage and his wife traveled 150 miles from the Solusi mission in South Africa to establish the Somabula Mission in 1901. During their first Sabbath at the new mission, they prayed for God to help them find someone seeking the truth. Outside their door, a native boy arrived, who told them he had had a dream that their house was where he could learn about the words of the true God. He asked them to share, and they were happy to do so. Two years after establishing the mission, they held their first baptisms. In 1906, A. A. Carscallen, from England, along with J. D. Baker and B. L. Morse, began Adventist mission work in British East Africa, establishing their main base of operations at Gendia, Kisumu, Kenya. Dr. F. W. Vasenius and V. E. Toppenberg arrived in Africa in 1909 to establish the first Adventist mission for Ethiopians. In 1921, Toppenberg was able to enter Ethiopia itself, and established a mission near Addis Ababa. D. E. Delhove expanded the Adventist mission into Dutch East Africa in 1919. World War I saw many Germans held prisoner by the British in East Africa, including many Seventh-day Adventists. The Danish missionary V. E. Toppenberg remained in the area until 1917, but after two years in America, he traveled to Ethiopia to take the Adventist message there. In 1935 A. F. Raposo brought the Adventist message to Cape Verde, baptizing 15 people in 1936.

SOUTH AMERICA: Ferdinand Anthony Stahl and his wife Anna traveled as missionaries to LaPaz, Bolivia in 1909. In 1911 they moved to the other side of Lake Titicaca in Peru, taking the Adventist message to the Aymara and Quechua Indians. The Stahls established several schools, teaching the indians to read and write. In 1920, the Stahls relocated to the headwaters of the Amazon, establishing the Metraro Mission Station and using a steam launch to travel the rivers. In 1929 Elder and Mrs. L. B. Halliwell were called to the the mission field in Northern Brazil, along the Amazon River. In order to reach the peoples, the Halliwell family decided to use home-visits and medical missions, and called on the young people of North America to raise funds for a motor launch. The $4000 was raised by 1931, and the Luzeiro (Light Bearer), a 30 foot long 10 foot wide diesel-powered motor launch entered service.
Missionary 1: ________________________________________________________________
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Missionary 2: ________________________________________________________________
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Missionary 3: ________________________________________________________________
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Missionary 4: ________________________________________________________________
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Missionary 5: ________________________________________________________________
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Some Resources:

* A Brief History of Seventh-day Adventists, by George R Knight
* Tell it to the World; The Story of Seventh-day Adventists, by C. Mervyn Maxwell
* The Great Second Advent Movement: Its Rise and Progress, by J.N. Loughborough
* Church Heritage, prepared by the Youth Department, General Conference of Seventh-day Adventists

Also check AdventSource for additional books and resources.

* Historical Prologue to Early Writings by Ellen G. White, available online at [http://www.gilead.net/egw/books2/earlywritings/ewhistory.htm](http://www.gilead.net/egw/books2/earlywritings/ewhistory.htm)
* Pioneer Gallery and Biographical Sketches from Adventist Pioneer Library, available online at [http://www.aplib.org/Gallery.htm](http://www.aplib.org/Gallery.htm)
* Lest We Forget periodical by Adventist Pioneer Library, available online at [http://www.aplib.org/Periodical.htm](http://www.aplib.org/Periodical.htm)

Sources also include the Historical Dictionary of Seventh-day Adventists, One-Hundred Years of Adventism in Russia and the Soviet Union, The Register of the Jacob Nelson Anderson Collection at union College, Courage in the Lord - The Story of Albert Henry Piper, A Late Expansion - Early Adventism in Kiribati and Tuvalu, Origin and History of Seventh-day Adventists - Volume 4, The 1952 Yearbook of the Seventh-day Adventist Denomination, Church Heritage - A Course in Church History, and A Brief History of Seventh-Day Adventists.
Your Favorite Missionary ________________________________________________________

Why? ________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Where did they serve? ___________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

When did they serve? ____________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
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Some facts about their history and service __________________________________________
______________________________________________________________________________
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______________________________________________________________________________

Spiritual Discovery:
1. □ Instructor ______________________ Date ______________________

2. □ Instructor ______________________ Date ______________________

3. □ Instructor ______________________ Date ______________________

4. □ Instructor ______________________ Date ______________________
Serving Others

1. Be familiar with the community services in your area and give assistance for at least 4 hours.

Report:
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
________________________________________________________________________
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2. Participate in at least two church programs for a total of 4 hours.

Report:
________________________________________________________________________
________________________________________________________________________
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Some Resources:
Adventist Community Service: http://www.communityservices.org/
Red Cross of Central Texas: http://www.centex.redcross.org/
Capital Area Food Bank: http://www.austinfoodbank.org/
Austin Resource Center for the Homeless (ARCH): http://www.frontsteps.org/
Meals on Wheels: http://www.mealsonwheelsandmore.org/
MAIN Community Service Directory: http://www.main.org/services.php

Serving Others:
1. □ Instructor_________________________ Date_____________________
2. □ Instructor_________________________ Date_____________________
### Making Friends

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Report</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Participate in a panel discussion or skit on peer pressure and its role in your decision making.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Requirement</th>
<th>Report</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. Fulfill requirements #1, #11, #12 and 14 of the Christian Grooming and Manners Honor.</td>
<td></td>
</tr>
</tbody>
</table>

1. What well-balanced combination of strengths did Jesus develop as a growing youth? (Luke 2:52 NKJV) *And Jesus increased in wisdom and stature, and in favor with God and men.*

11. Know the importance of daily "soul-grooming" and of building a Christian character and why "belonging to Christ" makes a difference in the way you dress and act.

12. Discuss Scriptural guidelines that will help you cope with your sexuality and keep your thought-life clean. Discuss intelligently the "do's" and "don'ts" of dating.

14. Know the rules of table etiquette which make it easier for you and those around you, such as what to do with your knife and fork after using them. Know how to be a welcome dinner guest and a joy to your hostess.

---

**Making Friends:**

1. Instructor ______________________ Date ______________________
2. Instructor ______________________ Date ______________________
Health and Fitness

1. Learn the value of Exercise, Fresh Air & Sunshine by:
   a. Giving two reasons why physical fitness is important.

   1. _______________________________________________________________________
   _______________________________________________________________________

   2. _______________________________________________________________________
   _______________________________________________________________________

2. Explain the relationship between proper diet, exercise, and weight control.

   _______________________________________________________________________
   _______________________________________________________________________
   _______________________________________________________________________
   _______________________________________________________________________
   _______________________________________________________________________

3. Explain the benefits of fresh air and sunshine.

   _______________________________________________________________________
   _______________________________________________________________________
   _______________________________________________________________________
   _______________________________________________________________________
   _______________________________________________________________________

2. Earn the Basic Rescue Honor.

   1. What is the definition of an emergency rescue?

   _______________________________________________________________________

   2. Show how to safely rescue a person from the following situations:

      a. Being in contact with a live electric wire

      _______________________________________________________________________
      _______________________________________________________________________

      b. A room filled with fumes or smoke

      _______________________________________________________________________
      _______________________________________________________________________

      c. Clothes on fire

      _______________________________________________________________________
      _______________________________________________________________________

      d. Drowning using a non-swimming rescue

      _______________________________________________________________________
      _______________________________________________________________________

      e. An ice accident

      _______________________________________________________________________
      _______________________________________________________________________
3. Show three ways of attracting and communicating with rescue aircraft.
1._____________________________________________________________________
2._____________________________________________________________________
3._____________________________________________________________________

4. Know six indications for the need of an immediate rescue.
1._____________________________________________________________________
2._____________________________________________________________________
3._____________________________________________________________________
4._____________________________________________________________________
5._____________________________________________________________________
6._____________________________________________________________________

5. Know six procedures to follow before moving a victim from a life-threatening situation.
1._____________________________________________________________________
2._____________________________________________________________________
3._____________________________________________________________________
4._____________________________________________________________________
5._____________________________________________________________________
6._____________________________________________________________________

6. Know five principles involved in moving a victim from a life-threatening situation
1._____________________________________________________________________
2._____________________________________________________________________
3._____________________________________________________________________
4._____________________________________________________________________
5._____________________________________________________________________
7. Know the proper ways to help a victim, without assistance, in the following:
   a. Pulling the victim ____________________________________________________
   b. Lifting the victim ____________________________________________________
   c. Assisting a victim in walking ________________________________________

8. Know the proper way to help a victim, with assistance, in the following:
   a. Chair carry __________________________________________________________
   b. Fore-and-aft carry ___________________________________________________
   c. Two-handed and four-handed seats ____________________________________
   d. Blanket carry _________________________________________________________
   e. Three-man hammock carry with victim in supine and prone position _________
   f. Three- or four-man lift ______________________________________________
   g. Six-man lift and carry _______________________________________________
9. Know how to properly use a stretcher and carry a victim on a stretcher. Know how to make an improvised litter.

____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

10. Know how to properly use ropes and knots as follows:
    a. Tie knots for joining ropes together
       ________________________________________________________________
       ________________________________________________________________

    b. Tie knots for shortening a rope
       ________________________________________________________________
       ________________________________________________________________

    c. Tie knots for use around a person for a rescue
       ________________________________________________________________
       ________________________________________________________________

    d. Coil and accurately throw a light and a heavy 50-foot (15.2 m) rope.
       ________________________________________________________________
       ________________________________________________________________

11. What steps should be taken before reporting a lost person?

   ________________________________________________________________
   ________________________________________________________________

   What information will be needed when reporting a lost person?

   ________________________________________________________________
   ________________________________________________________________

   How is a search for a lost person conducted in a wilderness area?

   ________________________________________________________________
   ________________________________________________________________

Some suggested resources:
NOLS Wilderness First Aid (Schimelpfenig and Lindsey, Stackpole Books, 1991)
The Outward Bound Wilderness First-Aid Handbook (Isaac, Lyons Press, 1998)
Outdoor Survival (Hattingh, Stackpole Books, 2003)
BLANKET STRETCHER. Lay a blanket on the ground and place a pole on it four inches more than one third the width of the blanket from the side. Fold the blanket over. Place second pole four inches in from the end of this flap and fold again. Always test a stretcher before carrying the victim in it.

TWO-MAN CARRIER. Clasp hands to make seat or make back rest with arms.

Fireman’s Carry
Chair Carry  (Images from the MV Pathfinder Field Guide)
3. Complete the Water Safety Honor OR Beginner Swimming Honor, if not previously earned.

**Basic Water Safety**
1. Enter and exit the water un-assisted. The point is to teach how to get in and out of a pool without assistance and safely.
2. While holding your breath, fully submerge your face under water for five seconds.
3. Alternately inhale through the mouth above the surface and blow bubbles through the mouth/nose, with face completely submerged, seven time rhythmically and continuously.
4. Open your eyes under water and retrieve submerged objects two times.
5. Front float for five seconds.
6. Front glide for two body lengths.
8. Holding on to the side of the pool, kick with your feet for twenty seconds.
9. Using arm and leg motion, swim five body lengths.
10. Learn to put on a Life Jacket and float for thirty seconds.
11. Demonstrate water safety by:
   a. How to call for help in case of an emergency.
   b. Learn how to release a cramp.
   c. Demonstrate reaching assist.
   d. Learn at least ten safety rules when around water.

Note: these requirements can be done in a backyard pool (2-3 feet deep) with adult supervision. They do not require a lifeguard or water safety instructor.

**Beginner’s Swimming**
Complete the Red Cross Swim level III--Stroke Readiness or the following:
1. Retrieve an object from the bottom in chest-deep water, unsupported and with eyes open.
2. Bob submerging head completely 15 times in chest-deep water.
3. Bob in deep water (slightly over head) to travel to safe area or side of pool.
4. Jump into deep water from side of pool.
5. Dive from side of pool in kneeling and compact position.
6. Prone glide with push-off for two body lengths.
7. Supine glide with push-off for two body lengths.
8. Swim front crawl--ten yards.
9. Swim back crawl--ten yards.
10. Demonstrate elementary backstroke kick--ten yards.
11. Reverse direction while swimming on front.
12. Reverse direction while swimming on back.
13. Discuss safety diving rules.
14. Tread water.
15. Jump into deep water with life jacket.
17. Demonstrate huddle position for one minute.
18. Demonstrate correct technique for opening the airway for rescue breathing.

**Health and Fitness:**
1. □ Instructor ____________________________ Date ______________________
2. □ Instructor ____________________________ Date ______________________
3. □ Instructor ____________________________ Date ______________________
Nature Study

1a. Review the Genesis account of the flood.
1b. Read a book about fossils and the biblical flood
1c. Study at least three different fossils; explain their origin and relate them to breaking God’s laws.

Report on Genesis 6:5-9:17:
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________
___________________________________________________________________________

Report on Book:
___________________________________________________________________________
___________________________________________________________________________
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One possible book is *Dinosaurs and Creation: Questions and Answers*, by Donald B. DeYoung (Baker Books, 2000). DeYoung is a physicist and the president of the Creation Research Society.

Another is *Creation: Facts of Life*, by Dr. Gary Parker. A free online version is available from Answers in Genesis at http://www.answersingenesis.org/articles/cfl.

Be sure to do your own looking in the Bible whatever book you read.
Fossil 1:_______________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
Fossil 2:_______________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
Fossil 3:_______________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________
______________________________________________________________________________

Draw your fossils here:

Some additional Resources:
Paleontological Society of Austin: http://www.texaspaleo.com/psa/
Texas Roadrunners’ Rock and Fossil hunting sites: http://www.txroadrunners.com/rockhoundpages/TexasRockHuntingSites/TexasRockAndFossilSites.htm
Texas Natural Science Center: http://www.utexas.edu/tmm/

Local Fossil Hunting Sites:
Collecting Localities for Fossils in Austin: http://www.lib.utexas.edu/geo/ggtc/ch5.html
Shoal Creek for plenty of small oysters
360 road cut at 2244 for numerous gastropods and echinoids
2. Stars: Be able to identify in the sky the North Star, Big Dipper, Little Dipper, and Orion.

North Star (Polaris)
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________

Big Dipper (Ursa Major)
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________

Little Dipper (Ursa Minor)
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________

Orion
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________
_______________________________________________________________________

Constellation Graphics courtesy of http://www.wpclipart.com

A good source for monthly star charts is: http://www.skymaps.com/
"December 16, 1848, the Lord gave me a view of the shaking of the powers of the heavens. I saw that when the Lord said "heaven," in giving the signs recorded by Matthew, Mark, and Luke, He meant heaven, and when He said "earth" He meant earth. The powers of heaven are the sun, moon, and stars. They rule in the heavens. The powers of earth are those that rule on the earth. The powers of heaven will be shaken at the voice of God. Then the sun, moon, and stars will be moved out of their places. They will not pass away, but be shaken by the voice of God.

Dark, heavy clouds came up and clashed against each other. The atmosphere parted and rolled back; then we could look up through the open space in Orion, whence came the voice of God. The Holy City will come down through that open space. I saw that the powers of earth are now being shaken and that events come in order. War, and rumors of war, sword, famine, and pestilence are first to shake the powers of earth, then the voice of God will shake the sun, moon, and stars, and this earth also. I saw that the shaking of the powers in Europe is not, as some teach, the shaking of the powers of heaven, but it is the shaking of the angry nations." – Passages from Ellen G. White Early writings, page 41
Outdoor Living

1. Earn the Knot Tying Honor.

1. Define the following terms:
   a. Bight ____________________________
   b. Running end ______________________
   c. Standing part _____________________
   d. Underhand loop __________________
   e. Overhand loop ____________________
   f. Turn _____________________________
   g. Bend ____________________________
   h. Hitch ____________________________
   i. Splice ___________________________
   j. Whipping _________________________

2. Know how to care for rope.

3. Describe the difference between laid rope and braided rope and list three uses of each.

4. Identify the following types of rope:
   a. Manila __________________________
   b. Sisal ____________________________
   c. Nylon __________________________
   d. Polypropylene ____________________
5. What are some advantages and disadvantages of synthetic rope?

Advantages

Disadvantages

6. Do the following to rope:
   a. Splice
   b. Eye splice
   c. Back splice
   d. Finish the end of a rope with a double crown, whipping, or a Matthew Walker's knot.

7. Make a six-foot piece of three-strand twisted rope from native materials or twine.
   Report:

8. From memory tie at least 20 of the following knots and know their common uses and limitations. Demonstrate how they are used.

   Anchor bend          Lark's head
   Bowline              Man harness knot
   Bowline on a bight   Miller's knot
   Butterfly loop knot  Packer's knot
   or Alpine
   Butterfly knot       Pipe hitch
   Carrick bend         Prusik knot
   Cat's paw            Sheepshank
   Clove hitch          Sheet bend
   Constrictor knot     Slip knot
   Crown knot           Slipped half hitch
   Double bow           Slipped sheet bend
   Double sheet bend    Square knot
   Figure eight         Stevedore's knot
   Fisherman's bend     Strangle knot
   Fisherman's loop     Surgeon's knot
   Halter hitch         Tautline hitch
   Hunter's bend        Timber hitch
   Lariat or Bowstring  Two half hitches
   knot

For visual instructions, see http://www.animatedknots.com/
2. Earn the Camping Skills III Honor if not previously earned.

1. Be at least in the 7th grade.

2. Review six points in the selection of a good campsite.

Review the safety rules of firebuilding.

3. Go on a weekend campout.
   Report: ________________________________________________________________

4. Lay the following three fires and tell their uses:
   a. Hunter's fire

   b. Reflector fire

   c. Star fire

5. Know six ways to start a fire without a match. Build a campfire using one of these:
   a. Compressed air

   b. Curved glass

   c. Flint
d. Friction

______________________________________________________________________

______________________________________________________________________

e. Metal match

______________________________________________________________________

______________________________________________________________________

f. Spark

______________________________________________________________________

______________________________________________________________________

6. Know how to properly sharpen a hatchet and knife.

______________________________________________________________________

______________________________________________________________________

______________________________________________________________________

7. Cook a one-pot meal using fresh or dried food.
   Dish: __________________________________________________________________
   Ingredients: __________________________________________________________________
   Instructions: __________________________________________________________________

8. Describe the various types of tents and their uses.

______________________________________________________________________

______________________________________________________________________

______________________________________________________________________

______________________________________________________________________

9. How does condensation occur in tents, and how can it be prevented?

______________________________________________________________________

______________________________________________________________________

______________________________________________________________________

10. Demonstrate your ability to anchor a tent down, using the taut-line hitch and two half hitches.
11. While camping, plan and give a ten-minute devotional or organize and lead a nature or Bible game or lead out in Sabbath School, camp church, or camp vespers. Report: _______________________________________________________________
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________
______________________________________________________________________

12. Properly locate and build one of the following and describe its importance to the individual and the environment:
   a. Camp sink and dishwashing area
   ________________________________________________________________
   ________________________________________________________________
   ________________________________________________________________

   b. Latrine
   ________________________________________________________________
   ________________________________________________________________
   ________________________________________________________________

   c. Shower
   ________________________________________________________________
   ________________________________________________________________
   ________________________________________________________________

13. Demonstrate four basic lashings and construct a simple object using these lashings.
   Type 1: __________________________________________________________
   Type 2: __________________________________________________________
   Type 3: __________________________________________________________
   Type 4: __________________________________________________________
   Object: __________________________________________________________

14. Know how to replace the mantels on a camp lantern.
   ________________________________________________________________
   ________________________________________________________________
   Demonstrate how to change gas in a camp lantern and stove.
   ________________________________________________________________
**Knife Sharpening:** (Tools needed - Sharpening stone, knife. Optional - Oil.)
For sharpening your pocket knife, get a sharpening stone with two grits (they are often two-sided). If you have oil, wet the stone lightly with the oil before beginning. With slight pressure, slide the blade (held at a 10-15 degree angle) across the stone, as if shaving a very thin slice of stone. If the blade is longer than the stone, be sure to draw the length of the blade along the stone with each sweep. Sharpen 10 times on one side, 10 on the other, than a few times alternating between each.

**Hatchet Sharpening:** (Tools needed - leather gloves, mill bastard file OR sharpening stone.)
To sharpen a hatchet, clamp it to a work bench or other sturdy surface, with the blade laying parallel to the table. Wearing gloves and if possible, build a guard on the handle of the file to protect your hands if you slip. Hold the handle of the file in right hand, lay file along blade, press gently on top of file with left hand, and slide the file toward the hatchet handle (think of the way the knife “sliced” the sharpening stone - the file and hatchet is similar to this). Use smooth strokes, work from outside to inside, Do not file the blade too thin, or it will be libel to bend. If you do not have a file, you can use a sharpening stone, similar to knife sharpening, though it is easier to slide the stone along the blade as opposed to the blade along the stone 9as with the knife).

Useful sources for further information:
Knife sharpening: [http://artofmanliness.com/2009/03/05/how-to-sharpen-a-pocket-knife/](http://artofmanliness.com/2009/03/05/how-to-sharpen-a-pocket-knife/)

**Changing gas for stoves and lanterns, and changing lantern mantles.**
Changing gas is simple now that we work with bottled gas. Just ensure the stove or lantern is turned off, screw the gas cylinder onto the stove or lantern, and you are done. To replace mantles, it will depend upon the type. We usually use mantles with internal retaining rings, so the trick is to keep the wire retaining ring open as you slide the mouth of the mantle over the gas tube inside the lantern. Then secure the retaining ring, and burn the mantle. Next, reassemble the lantern, and light it up.

Why do we burn the mantle? - Mantles are made usually of silk, rayon or some other strong but thin mesh material that has been impregnated a combination of Yttrium oxide (Y2O3) and Cerium oxide (CeO2) (sometimes also with others like Magnesium oxide (MgO)). The cloth provides a mesh framework for the oxides to adhere to, but is not actually part of the lighting unit. Burning away the silk leaves just the oxides in their own mesh form (it is extremely brittle in this state, so do not touch the mantle once the silk has been burnt away).

When you light the stove, the gas ignites inside the mantle area, and the heat causes the mineral oxides to glow. This is why you do not see flames inside the lanterns, and why the light is often a more brilliant white than the normal blue and yellow of burning gas. On a side note, the original mantles were impregnated with radioactive thorium, because it produced a brilliant white glow, but it is no longer used in mantles in the United States.
Starting a fire without a match.

COMPRESSED AIR: Use a Fire Piston - uses rapidly compressed air to create heat to ignite charcoal, initially developed in Southeast Asia, where dampness often interferes in fire starting. It takes advantage of the basic physics of gasses - that rapidly compressed gas creates heat as the molecules are pressed closer together and are more likely to strike one another (air conditioners and refrigerators use the opposite - the decompression of a gas can chill).

CURVED GLASS: Used to focus light to a fine point. A Magnifying glass works best, other glass can be ground to work. Hold the glass between the tinder and the sun, and slowly raise or lower the glass until it creates a very fine (and extremely bright) point of light, which will also concentrate the heat.

FLINT: Creates a spark by striking a steel against a hard stone (Flint, quartz, etc). Keep charcoal close to flint, to be able to catch the spark quickly. The spark is a hot piece of the steel shipped off by the flint, the friction creating enough heat to ignite it.

FRICTION: Uses a hard-wood spindle to turn against a soft-wood board to create friction and heat to ignite tinder. This is often done with a “bow” to ensure rapid enough turns, though it is possible (albeit difficult) to turn the spindle by hand, creating enough fine powdered wood and friction to ignite.

METAL MATCH: Used similar to flint and steel, but the metal match is composed of a man-made alloy called ferrocerium or mischmetal, usually made of iron, cerium, lanthanum, magnesium, and a few rare-earth metals. In the case of the metal match, the cerium allow is what is heated by the friction striking against the steel.

SPARK: There are different ways to create an electric spark to try and ignite tinder. One os to use jumper cables connected to the car battery. Another is to use a nine-volt battery and a piece of fine steel wool. Place the steel wool across the battery terminals, and the metal will carry the current, overheat and spark or burn. (It will also short out the battery, so do not hold it there too long).

Outdoor Living:
1. [ ] Instructor ___________________________ Date ___________________________
2. [ ] Instructor ___________________________ Date ___________________________
WILDERNESS EXPLORER
The Wilderness Explorer Advanced Ribbon is awarded to all those who complete the requirements for the Explorer Investiture Achievement and all of the following:

<table>
<thead>
<tr>
<th>1. Wilderness Explorer (Spiritual Discovery):</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Compare the expansion of the early Christian Church in the book of Acts to the mission expansion of the Seventh-day Adventist church up to 1950.</td>
</tr>
<tr>
<td>B. Study and discuss one of the following life issues with your Explorer group and an adult: Abuse, TV and movie theaters, Reading</td>
</tr>
</tbody>
</table>

| 2. Wilderness Explorer (Serving Others): Make a personal visit to a sick person or shut-in and follow up with a phone call, letter, card, e-mail or text message |

| 3. Wilderness Explorer (Making Friends): Complete the Christian Grooming and Manners Honor, if not previously earned. |

| 4. Wilderness Explorer (Health and Fitness): Participate in a lifestyle fitness program for your age, such as: President’s Challenge Active Lifestyle Program, Live Healthy Bermuda Kids, Or similar program |

<table>
<thead>
<tr>
<th>5. Wilderness Explorer (Nature Study):</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Weather and Ferns: Record and graph the weather for two weeks at 12 hour intervals. Include temperature, moisture, cloud formation and wind direction OR Draw or photograph 10 kinds of ferns and identify correctly</td>
</tr>
<tr>
<td>b. Complete a Skill Level 2 or 3 nature honor not previously earned.</td>
</tr>
</tbody>
</table>

### Level II

<table>
<thead>
<tr>
<th>Animal Tracking (Advanced)</th>
<th>Flowers</th>
<th>Moths and Butterflies</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bats (Advanced)</td>
<td>Fossils</td>
<td>Poultry</td>
</tr>
<tr>
<td>Cats (Advanced)</td>
<td>Fungi</td>
<td>Rocks and Minerals</td>
</tr>
<tr>
<td>Cetaceans</td>
<td>Geology (Advanced)</td>
<td>Seeds (Advanced)</td>
</tr>
<tr>
<td>Dog Care and Training</td>
<td>Houseplants</td>
<td>Shells</td>
</tr>
<tr>
<td>Ecology</td>
<td>Insects (Advanced)</td>
<td>Small Mammal Pets</td>
</tr>
<tr>
<td>Edible Wild Plants</td>
<td>Livestock</td>
<td>Spiders</td>
</tr>
<tr>
<td>Endangered Animals</td>
<td>Marine Invertebrates</td>
<td>Worms (Advanced)</td>
</tr>
<tr>
<td>Environmental Conservation</td>
<td>Marine Mammals</td>
<td>Weather (Advanced)</td>
</tr>
<tr>
<td>Ferns</td>
<td>Mammals (Advanced)</td>
<td></td>
</tr>
<tr>
<td>Fishes</td>
<td>Microscopic Life</td>
<td></td>
</tr>
</tbody>
</table>

### Level III

<table>
<thead>
<tr>
<th>Amphibians (Advanced)</th>
<th>Grasses</th>
<th>Rocks and Minerals (Advanced)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Birds (Advanced)</td>
<td>Lichens, Liverworts and Mosses</td>
<td>Shells (Advanced)</td>
</tr>
<tr>
<td>Cacti (Advanced)</td>
<td>Maple Sugars (Advanced)</td>
<td>Stars (Advanced)</td>
</tr>
<tr>
<td>Ecology (Advanced)</td>
<td>Marine Algae (Advanced)</td>
<td></td>
</tr>
<tr>
<td>Flowers (Advanced)</td>
<td>Reptiles</td>
<td></td>
</tr>
</tbody>
</table>
6. Wilderness Explorer (Honor Enrichment):
   a. Complete a Skill Level 2 or 3 honor, not previously earned, in the area of Arts & Crafts or Household Arts.

### Arts and Crafts Level II

<table>
<thead>
<tr>
<th>Basketry</th>
<th>Lapidary</th>
<th>Plastic Canvas (Advanced)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Block Printing</td>
<td>Leather Craft (Advanced)</td>
<td>Pottery</td>
</tr>
<tr>
<td>Braiding (Advanced)</td>
<td>Lettering and poster Making</td>
<td>Scrapbooking (Advanced)</td>
</tr>
<tr>
<td>Cake Decorating</td>
<td>Metal Craft</td>
<td>Scultpturing</td>
</tr>
<tr>
<td>Ceramics</td>
<td>Model Boats</td>
<td></td>
</tr>
<tr>
<td>Counted Cross Stitch</td>
<td>Model Rocketry (Advanced)</td>
<td>Soap Craft (Advanced)</td>
</tr>
<tr>
<td>Crocheting</td>
<td>Model Railroad</td>
<td></td>
</tr>
<tr>
<td>Currency</td>
<td>Native American Lore (Advanced)</td>
<td>Textile Craft (Advanced)</td>
</tr>
<tr>
<td>Digital Photography</td>
<td>Needlecraft</td>
<td>Whistles (Advanced)</td>
</tr>
<tr>
<td>Drawing and Painting</td>
<td>Paper Quilling</td>
<td>Wood Carving</td>
</tr>
<tr>
<td>Flower Arrangement</td>
<td>Photography</td>
<td></td>
</tr>
<tr>
<td>Genealogy</td>
<td>Pinewood Derby (Advanced)</td>
<td>Wood Handicraft</td>
</tr>
<tr>
<td>Knitting</td>
<td>Plastics</td>
<td></td>
</tr>
</tbody>
</table>

### Arts and Crafts Level III

| Copper Enameling (Advanced)       | Genealogy (Advanced)  | Silk Screen Printing (Advanced) |
| Crocheting (Advanced)            | Knitting (Advanced)   | Stamps (Advanced)              |
| Currency (Advanced)              | Lighthouses (Advanced) |                           |

### Household Arts Level II

| Cooking (Advanced)               | Food Drying           | Quilting                   |
| Dressmaking (Advanced)           | Freezing              |                           |
| Food Canning                     | Housekeeping          |                           |

### Household Arts Level III

| Nutrition (Advanced)             | Tailoring             |                           |

b. Complete a Skill Level 2 or 3 honor, not previously earned, in the area of Recreational, Vocational, or Outdoor Industries.

### Recreation level II

| Archery (Advanced)               | Canoeing               | Drumming and Percussion   |
| Backpacking                      | Caving                 | Fire Building and Camp Cookery |
| Camp Safety                      | Community Water Safety | Gold Prospecting (Advanced) |
| Camping Skills III               | Cycling (Advanced)     | Horsemanship (Advanced)   |
| Camping Skills IV                | Drilling and Marching (Advanced) | Kayaking               |
| Knot Tying                                      | Skiing (Cross Country)                                      | Tumbling and Balance                                      |
| Letterboxing (Advanced)                        | Skiing (Downhill)                                          | Unicycling                                               |
| Mountain Biking                                | Skin Diving                                                | Water Skiing                                             |
| Navigation                                     | Springboard Diving                                         | Wilderness Leadership                                     |
| Orienteering                                   | Swimming                                                   | Wilderness Living                                        |
| Physical Fitness                               | Swimming (Intermediate)                                    | Wind Surfing                                             |
| Pioneering                                     | Swimming (Advanced)                                        | Wilderness Living                                        |
| Power Boating                                  | Travel (Advanced)                                          | Winter Camping                                            |
| Rock Climbing                                  | Track and Field                                            |                                                         |
| Rowing                                         | Triathlon (Advanced)                                       |                                                         |
| Sailing                                        | Tumbling and Balance                                       |                                                         |

**Recreation Level III**

| Abseiling (Advanced)                           | Outdoor Leadership                                         | Wilderness Leadership (Advanced)                         |
| Camp Safety (Advanced)                         | Outdoor Leadership (Advanced)                              |                                                         |
| Caving (Advanced)                              | Rock Climbing (Advanced)                                   |                                                         |
| Community Water Safety                         | Scuba Diving                                               |                                                         |
| (Advanced)                                     | Scuba Diving (Advanced)                                    |                                                         |

**Vocational Level II**

| Automobile Mechanics                           | Communications                                             | Radio (Advanced)                                         |
| Bible Evangelism                               | Forestry                                                   | Radio Electronics                                        |
| Bookkeeping                                    | Internet                                                   | Small Engines                                             |
| Carpentry                                      | Journalism                                                 | Teaching                                                 |
| Christian Sales Principles (Advanced)          | Printing                                                   | Typewriting                                               |
| Computer (Advanced)                            | Radio                                                      | Woodworking                                               |

**Vocational Level III**

| Accounting                                     | Forestry (Advanced)                                        | Plumbing                                                 |
| Automobile Mechanics (Advanced)                | House Painting (Exterior)                                  | Shoe Repair                                              |
| Barbering                                     | House Painting (Interior)                                  | Shorthand                                                |
| Bookbinding                                   | Internet (Advanced)                                        | Welding                                                  |
| Communications (Advanced)                      | Masonry                                                    |                                                         |
|                                               | Paperhanging                                               |                                                         |

**Outdoor Industries Level II**

| Agriculture                                    | Dairying                                                   | Pigeon Raising                                           |
| Beekeeping                                    | Fruit Growing                                             | Small Fruit Growing                                      |
| Cattle Husbandry                              | Goat Husbandry                                            |                                                         |
Explorer Investiture Achievement

Personal Growth 1.  □ Instructor __________________________________ Date __________________
Personal Growth 2a. □ Instructor __________________________________ Date __________________
Personal Growth 2b. □ Instructor __________________________________ Date __________________
Personal Growth 3a. □ Instructor __________________________________ Date __________________
Personal Growth 3b. □ Instructor __________________________________ Date __________________
Personal Growth 4. □ Instructor __________________________________ Date __________________
Spiritual Discovery 1. □ Instructor __________________________________ Date __________________
Spiritual Discovery 2. □ Instructor __________________________________ Date __________________
Spiritual Discovery 3. □ Instructor __________________________________ Date __________________
Spiritual Discovery 4a □ Instructor __________________________________ Date __________________
Spiritual Discovery 4b □ Instructor __________________________________ Date __________________
Serving Others 1. □ Instructor __________________________________ Date __________________
Serving Others 2. □ Instructor __________________________________ Date __________________
Making Friends 1. □ Instructor __________________________________ Date __________________
Making Friends 2. □ Instructor __________________________________ Date __________________
Health and Fitness 1. □ Instructor __________________________________ Date __________________
Health and Fitness 2. □ Instructor __________________________________ Date __________________
Health and Fitness 3. □ Instructor __________________________________ Date __________________
Nature Study 1a. □ Instructor __________________________________ Date __________________
Nature Study 1b. □ Instructor __________________________________ Date __________________
Nature Study 1c. □ Instructor __________________________________ Date __________________
Nature Study 2a. □ Instructor __________________________________ Date __________________
Nature Study 2b. □ Instructor __________________________________ Date __________________
Outdoor Living 1. □ Instructor __________________________________ Date __________________
Outdoor Living 2. □ Instructor __________________________________ Date __________________

Complete Explorer Requirements:

□ Instructor __________________________________ Date __________________

Wilderness Explorer:

Spiritual Discovery 1a. □ Instructor __________________________________ Date __________________
Spiritual Discovery 1b. □ Instructor __________________________________ Date __________________
Serving Others 2. □ Instructor __________________________________ Date __________________
Making Friends 3. □ Instructor __________________________________ Date __________________
Health and Fitness 4. □ Instructor __________________________________ Date __________________
Nature Study 5a. □ Instructor __________________________________ Date __________________
Nature Study 5b. □ Instructor __________________________________ Date __________________
Honor Enrichment 6a. □ Instructor __________________________________ Date __________________
Honor Enrichment 6b. □ Instructor __________________________________ Date __________________

Complete Wilderness Explorer Requirements

□ Instructor __________________________________ Date __________________

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